

# FITNESS CLASS SCHEDULE

	MON	TUE	WED	THUR	FRI
11:30 AM- 12:00 PM	LUNCH TIME STEP				
5:15 PM- 6:15 PM		KALI MARTIAL ARTS			
5:45 PM- 6:45 PM	INTRO TO FITNESS	ZUMBA			
6:30 PM- 7:30 PM			STRETCH & MOBILITY	PILATES	

